

GymBeam Fitness Company GmbH

Kärtner Ring 1
1010 Wien
Austria



Our Sign : RRU
Date : 05.08.2026

Certificate of analysis 26036958 - 016

Sample name : Sleep & Relax - GymBeam 225 g - wild berries

Marking of sample : 1 x 225 g LP260198 042028

Customer No. : none

Packaging : Pre-packaging / Plastic packaging

Sample amount : 225 g (1 Unit)

Shipping of sample : Courier Service

Sample entry : 24.07.2026

Entrance temperature : Room temperature

Sample taken : by sender

Begin/end of analysis : 24.07.2026 / 05.08.2026

The test results apply only to the test items described in the report. No responsibility is accepted for the validity of the results if any data or information provided by the customer may affect them. Data provided by the customer are clearly identified. The laboratory assumes no responsibility for the sampling including minimum quantities unless it was carried out by samplers from a company within the GBA Group or on its behalf. In this case, the results apply to the sample as received. The test report may not be published or reproduced, in whole or in part, without the written consent of the issuing company. The general terms and conditions are available at <https://www.gba-group.com/en/general-terms-and-conditions/>.

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Dok.-Nr.: ML 510-01 # 2 V1 E, 511, 19.02.2026

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seit 1989

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Test Results

Chemical/Physical Test	Result	Unit	Declaration	± MU	MU[%]	MU Source
Magnesium	234	mg/ daily serving	250	35	15	I
Amino acid spectrum, free						
Glycine	1065	mg/ daily serving	1300	266	25	IV
gamma-aminobutyric acid (GABA)	503	mg/ daily serving	500	75	15	IV
Tryptophan	570	mg/ daily serving	500	86	15	IV
Cholin, free and bound	82,5	mg/ daily serving	82	16	19	IV
Inositol	192	mg/ daily serving	200	35	18	IV
Vitamin B6	7,8	mg/ daily serving	8	1,6	20	I
Weight per dosage form	7,50	g				
Daily serving	1	measuring spoon				

Assessment:

Results of vitamins and minerals analyses meet the details of the nutrition labelling regarding the tests carried out (cf. Guidance document of the EU Commission with regard to the setting of tolerances for nutrient values declared on a label in food supplements from December 2012).

The measured content of tested amino acids, choline and inositol corresponds to the declared value with sufficient accuracy.

Hamburg, 05.08.2026

This test report is done automatically and is valid without signature.

Methods

Parameter	Method	DR
Magnesium	§ 64 LFGB L 00.00-144, ICP-OES: 2019-07 ^a ₀	z
Pressure pulping	§ 64 LFGB L 00.00-19/1: 2015-06 ^a ₀	
Amino acid spectrum, free	HH-MA-M 02-183, LC-MS/MS: 2025-07 ^a ₀	y
Cholin, free and bound	FV-0243 02-003, LC-MS/MS: 2026-04 ^a ₁	z
Inositol	FV-0243 02-005, LC-MS/MS: 2024-06 ^a ₁	z
Vitamin B6	HH-MA-M 02-160, LC-MS/MS: 2024-03 ^a ₀	z
Weight per dosage form	Information according to customer specification or declaration ₉₉	

The methods marked with ^a are accredited methods of the performing laboratory.

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Testing laboratory: ₀GBA Hamburg ₁extern ₉₉Auftraggeber/Customer

MU-Source:

I: According to DIN ISO 11352 as expanded, combined measurement uncertainty with $k = 2$ (95 %), sampling not included

IV: According to subcontractor

Decision rules:

z: In conformity assessment, measurement uncertainty is disregarded and serves as informational data only.

y: In conformity assessment, measurement uncertainty is disregarded for measured values below the tolerance limit. For measured values exceeding the tolerance limit, measurement uncertainty is subtracted from the measured value. If no conformity assessment is performed, measurement uncertainty serves as informational data only.